

## Art

### Option 1: Coloring

Use colored pencils and the coloring pages provided. Meditate on the Scripture that is on your coloring page. Ask God what He wants to say to you through it. Allow that passage to guide your prayer time while you color.

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### Option 2: Art in Nature

Gather art supplies such as pencils, paper, paints, colored pencils, etc. Find a place to sit outside with your art supplies. Ask God to help you see Him in His creation. Then draw or paint the ways that you see God and His character in nature. Try to pray praises to Him while you do this.

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### Option 3:

Gather art supplies such as pencils, paper, paints, colored pencils, etc. Choose a Scripture passage to read through, or simply reflect on the overarching story of the Bible/Gospel. Then draw/paint the themes that you see in Scripture. Spend time in prayer responding to these truths while worshipping through art (e.g. thank God, praise Him, surrender to Him, confess to Him, etc).