

Music

Option 1: Listen or Sing

Simply worship through the music that is playing. Listen to the words to learn more about God and/or sing along to praise Him, thank Him, and surrender to Him.

Option 2: Write your own song

Write your own song to the Lord. This can be inspired by the songs that are playing, inspired by Scripture/Psalms, and/or inspired by things that you know to be true about God through experience (that aligns with Scripture).

Scripture options: Matthew 6:25-34 (Don't worry/lilies of the field), 1 Corinthians 13:4-8 (love is patient...), Psalm 23 (the Lord is my Shepherd), Psalm 84, 121, 136, 139.

Option 3: Music and Prayer

Let the words of the worship music guide your prayers (journaling, silently, or aloud).