

Nature

Option 1: Nature Walk/Scripture Reflection

Go for a walk outside, talk to God - ask Him to speak to you today. Pause to read a Scripture passage where God uses His creation to teach us about Himself. Continue on your walk and ask God to speak to you through His Word and through His creation.

Scripture Passages: Matthew 6:25-34 (Don't worry/lilies of the field), Psalm 23 (the Lord is my Shepherd), John 3:5-8 (the wind and the Spirit).

Option 2: Art in Nature

Gather art supplies such as pencils, paper, paints, colored pencils, etc. Find a place to sit outside with your art supplies. Ask God to help you see Him in His creation. Then draw or paint the ways that you see God and His character in nature. Try to pray praises to Him while you do this.

Option 3: Nature Walk/Photography

Go for a walk outside, asking God to reveal Himself to you through His creation. Using your phone, take pictures of the things that make you think about God. Use the edit feature to write a caption on each picture. Use the captions to worship God (write something about His character, praise Him, write about how beautiful His creation is, thank Him for it, etc).

If you don't have a phone - you can simply pray to God as you see Him in His creation.